



Public Health  
England

Protecting and improving the nation's health

# National Disease Registration Service: Rare Disease Registration

National Disease Registration Webinar

November 2020



# Presenters



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# Objectives of this webinar

- An introduction to NDRS's work on rare diseases
- Putting national rare disease registration into context – what are the benefits for patients and stakeholders
- What can be achieved through partnership working – the Registration of Complex Rare Diseases - Exemplars in Rheumatology Project (RECORDER)





# Rare disease registration introduction

**Public Health England**

Health Improvement Directorate

National Disease Registration Service (NDRS)

National Congenital Anomaly  
and Rare Disease Registration  
Service (NCARDRS)

National Cancer Registration &  
Analysis Service (NCRAS)

Rare disease  
team

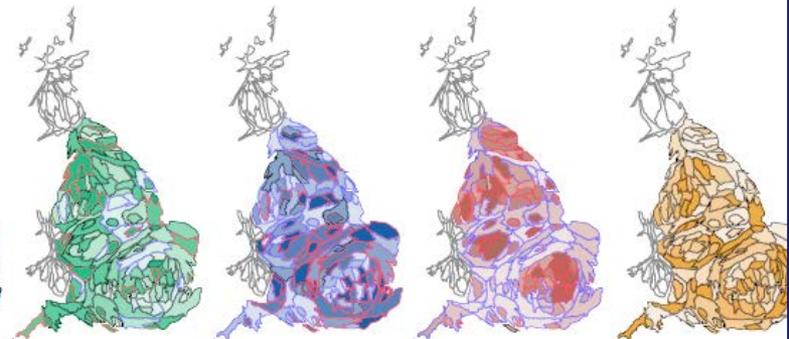
Congenital  
anomaly team

## The UK Strategy for Rare Diseases



## Annual Report of the Chief Medical Officer

Volume One, 2011  
On the State of the Public's Health





# NCARDRS – key deliverables

- **Support and empower patients** and their carers, by providing a national register of their disease or disorder.
- Provide a **resource for clinicians** to support high quality clinical practice.
- Provide **epidemiology and monitoring** of the frequency, nature, cause and outcomes of these disorders.
- **Support research** into congenital anomalies and rare diseases.
- **Inform the planning and commissioning** of public health and health and social-care provision.
- Provide a resource to **monitor, evaluate and audit** health and social-care services, including the efficacy and outcomes of screening programmes.



# Section 251, NHS Act 2006

- NCARDRS has legal permission to collect information about all confirmed or suspected rare disease patients without consent under Section 251 of the NHS Act 2006 (Control of Patient Information)
- Activity must have a medical purpose
- Activity must be in the public interest or in the interests of improving patient care
- Must be compliant with DPA/GDPR
- Impracticable to obtain consent and anonymised information cannot be used
- Undergo yearly review with Confidentiality Advisory Group (CAG) of the Health Research Authority (HRA)
- Patient can opt out at any time and their wishes are respected

Orphanet rare designation | <1:2000 population at risk



# Rare diseases data collection

- Enormous task
- Limited resources
- Not mandatory
- Pragmatic, project-based
- Emphasis on high case ascertainment with small dataset
- Multiple data sources
- Linkage with PHE-held datasets

# NCARDRS Rare disease areas of focus



## Later onset conditions

- Rare rheumatology disease
- Histiocytic disease
- Liver disease
- Rare dermatology



## Molecular diagnostic data

- Pilot project completed
- Mitochondrial disease



## Inherited metabolic disorders (IMD)

- Specialised services patients
- Newborn blood spot IMDs
- Mitochondrial disease



## Congenital anomalies

- Increased granular coding
- Post neonatal diagnoses



## Collaborations

- Academics
- Patient groups/registries
- Clinicians & clinical networks
- Consented & 251 studies
- Other government agencies



## Linkage to PHE datasets

- HES
- Mortality data
- Cancer outcomes
- Prescribing data

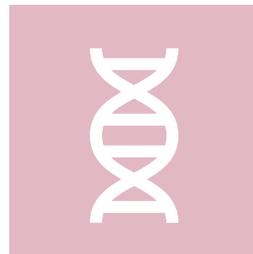


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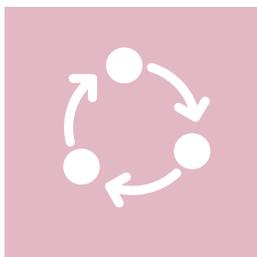
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## Inherited metabolic disease (IMD)

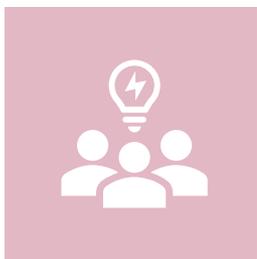
- Specialised services patients
- Newborn blood spot IMIDs
- Mitochondrial disease



## Congenital anomalies

- Increased granular coding
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# COVID-19



## Collaborations

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# Access to NDRS data

- Formal requests to the Office for Data Release  
Contact: [ODR@phe.gov.uk](mailto:ODR@phe.gov.uk)
- Partnership working
  - Fund PHE staff
  - Sponsored external staff with PHE honorary contracts
- ✓ Must align with PHE's objectives to improve the nation's health
- ✓ Expect to deliver synergistic benefits



## NCARDRS: Examples of ongoing partnerships

Condition(s)	Partner(s)	Type
Inherited metabolic disorders (IMDs)	IMD Highly Specialised Services	Ascertainment
Haemophagocytic lymphohistiocytosis (HLH)	University of Nottingham, supported by HASC and Histo UK	Ascertainment, epidemiology
Wilson Disease	Wilson Disease Special Interest Group	Ascertainment, epidemiology
Alpha 1 antitrypsin deficiency	King's College London	Ascertainment, epidemiology
Mitochondrial disease	Cambridge University	Ascertainment, epidemiology
Rare autoimmune rheumatic disease (RECORDER)	University of Nottingham	Ascertainment, epidemiology
Multiple Systems Atrophy	Multiple Systems Atrophy (MSA) Trust	Patient self-registration



# Rare disease registration into context



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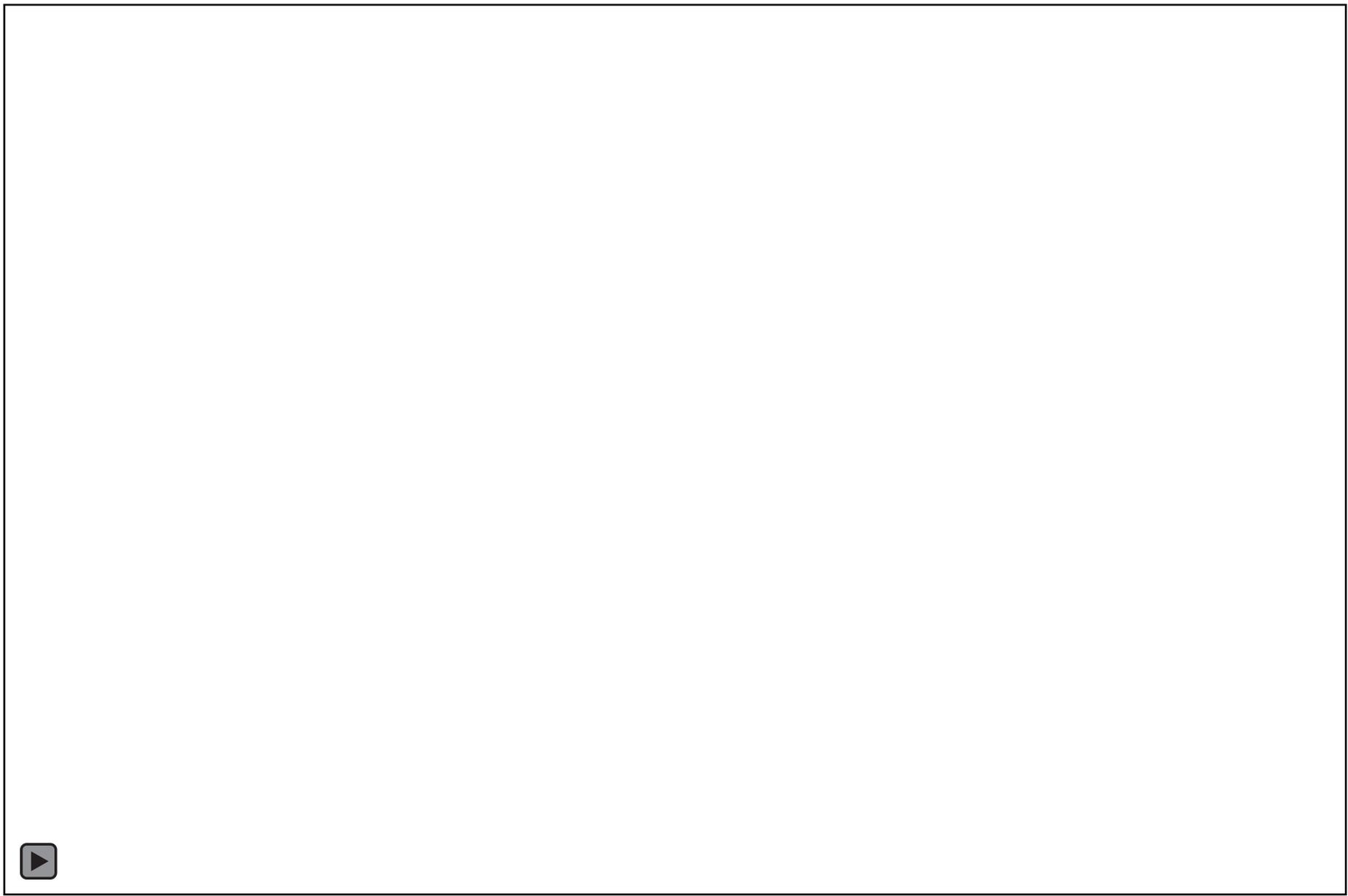
# The clinical context





# The clinical context







# Path to diagnosis





# Inform high quality care





# Deliver better outcomes



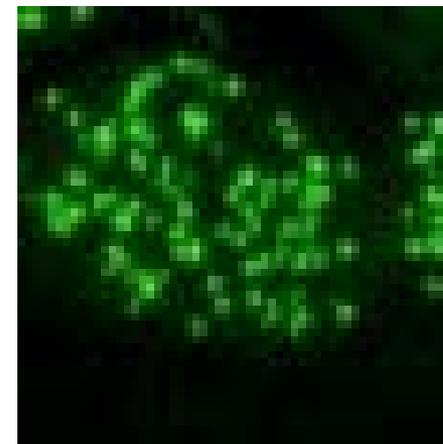
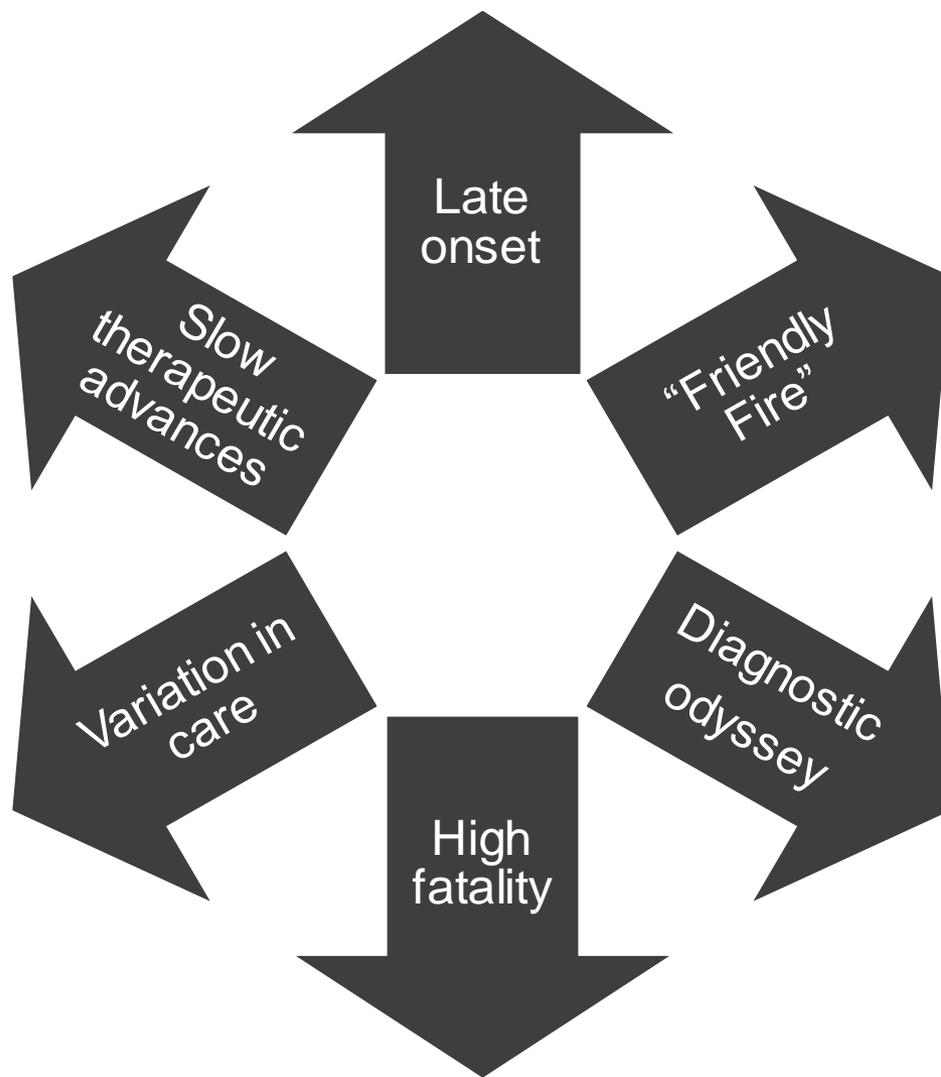


# Maximising clinical relevance



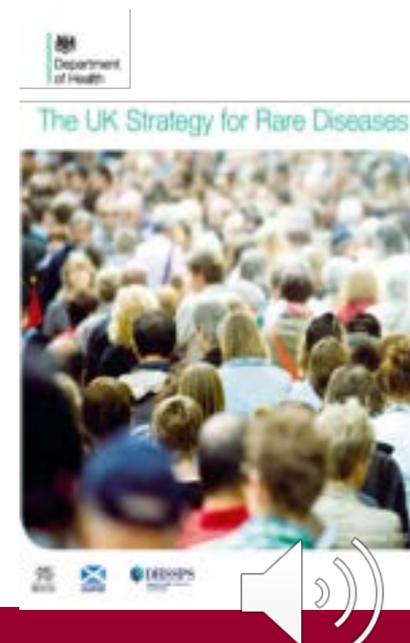
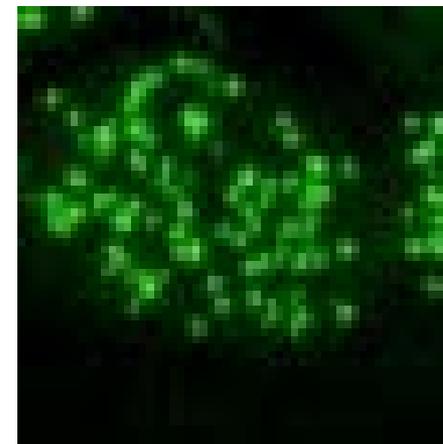
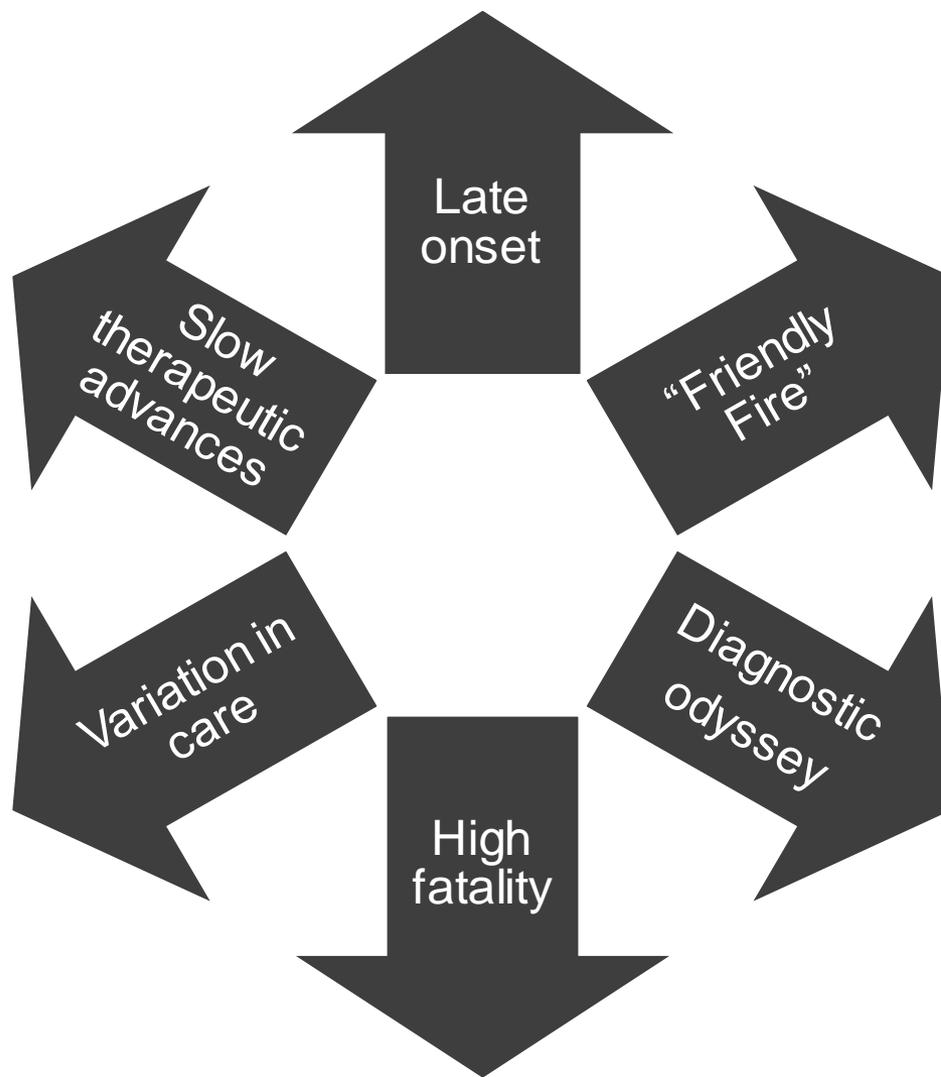


# Rare autoimmune diseases





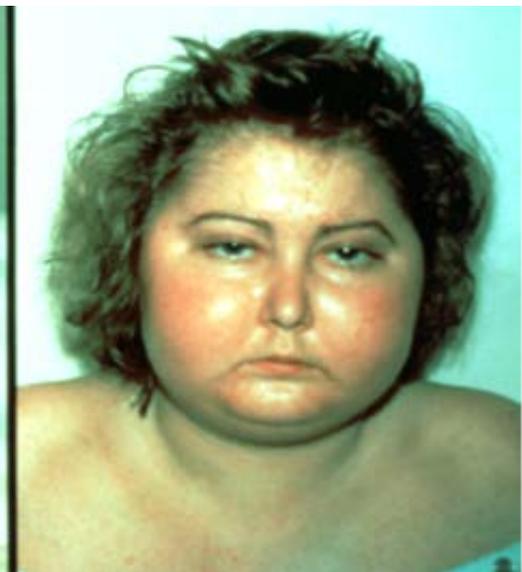
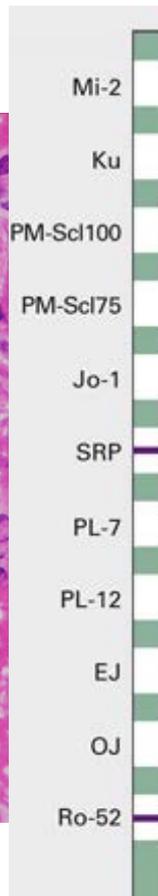
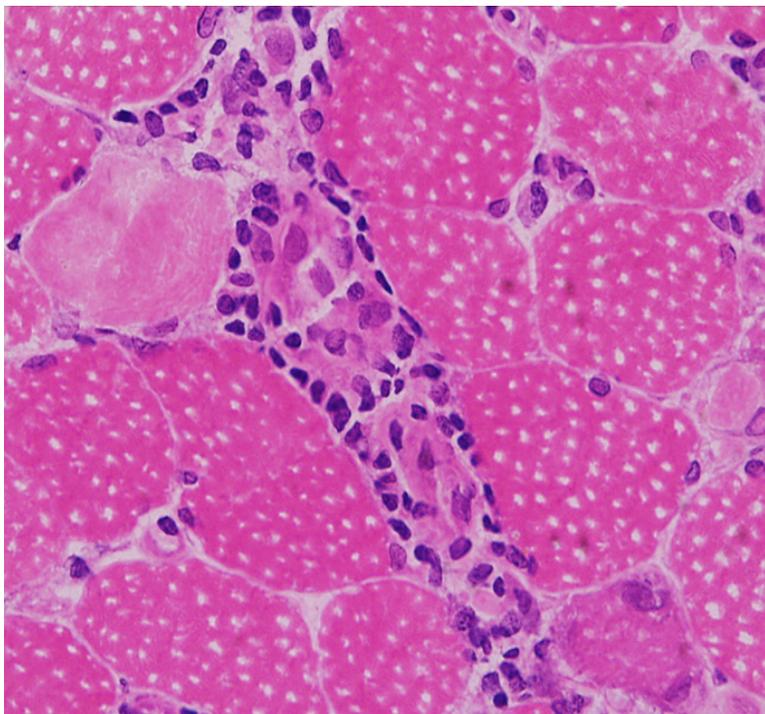
# Rare autoimmune diseases





# Rare single organ autoimmune disease

## Myositis



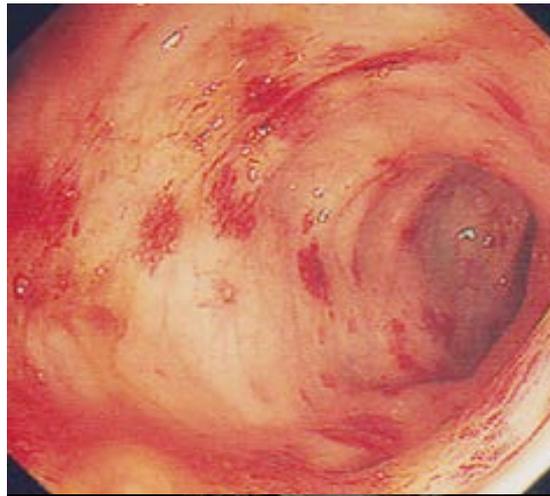
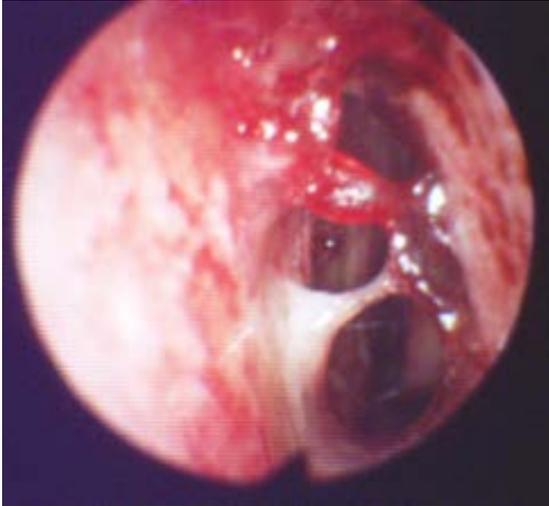
# Rare multiple organ autoimmune disease

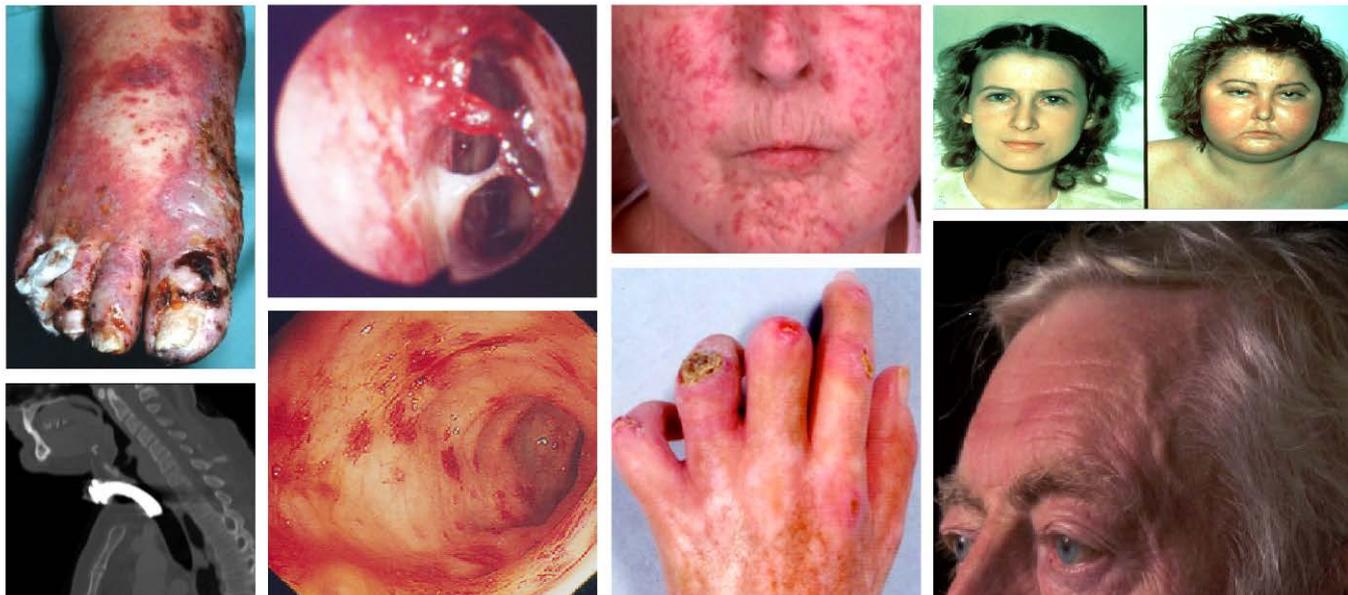
## Scleroderma



# Rare multisystem autoimmune disease

## Vasculitis and Lupus





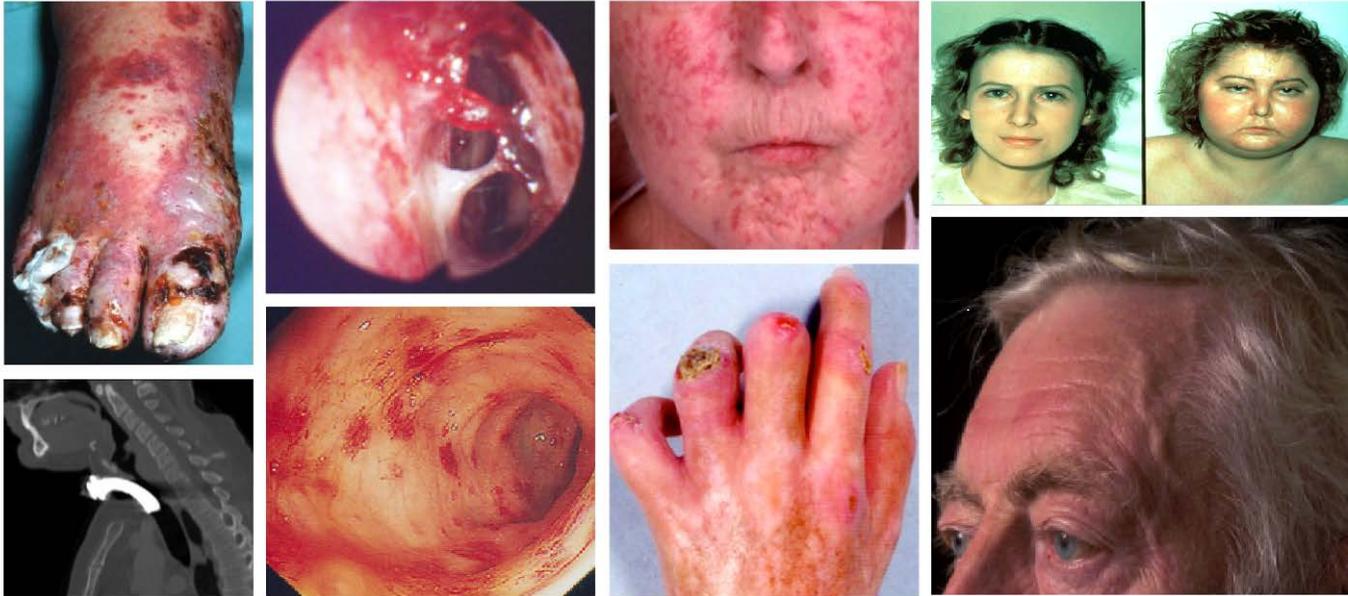
**NHS**  
England



**Clinical Commissioning Policy:**  
Rituximab for the treatment of  
ANCA-associated vasculitis  
Reference: NHS England A13/P/a



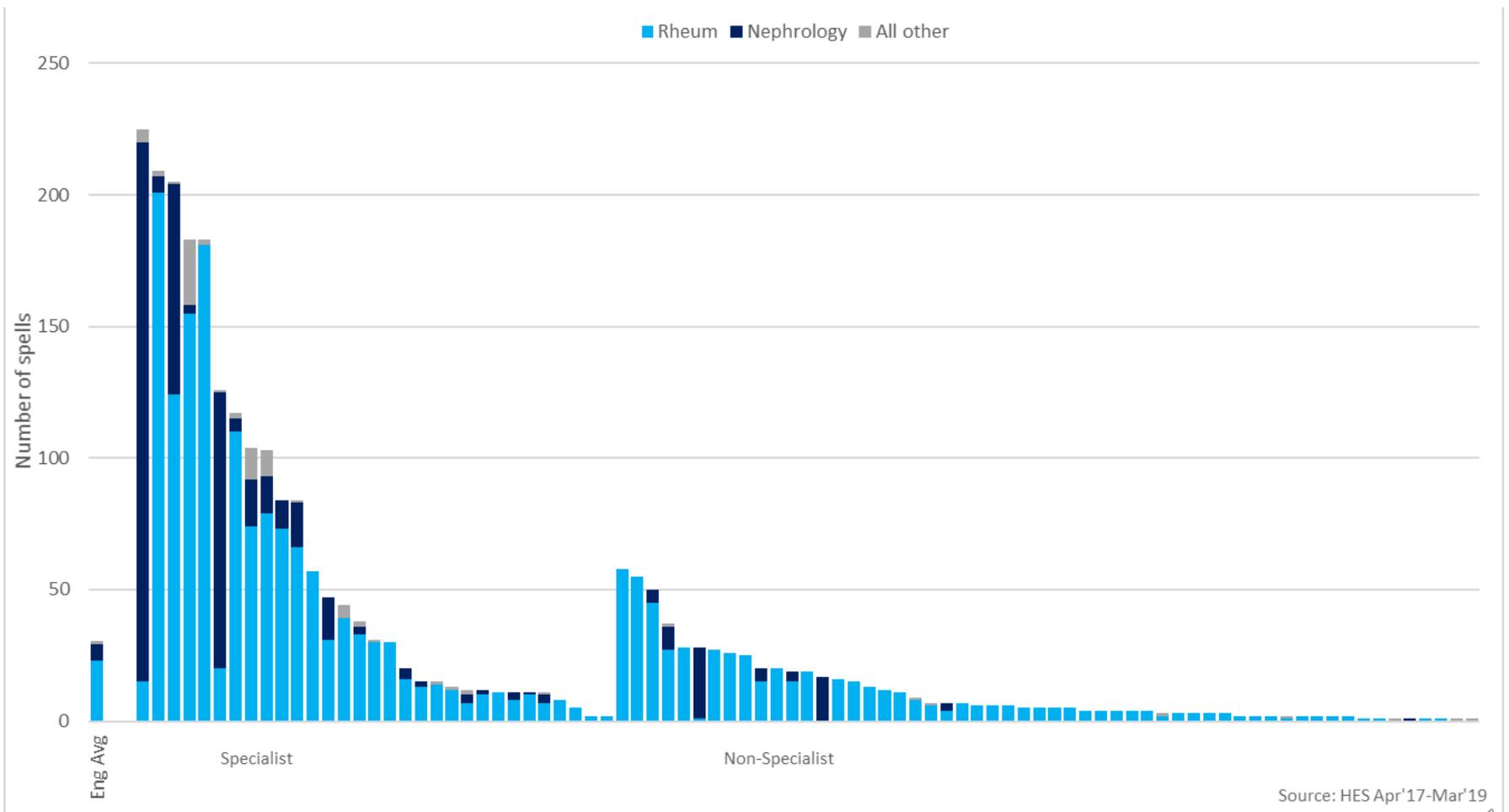
# The RECORDER project



- Exemplar for rare non-genetic late onset conditions
- Ability to identify within routinely collected data (extensive work)
- Single national commissioner (NHS England)
- Variation in care (evaluated by GIRFT)
- On the cusp of major innovations



# Biologic drugs: one rare autoimmune disease

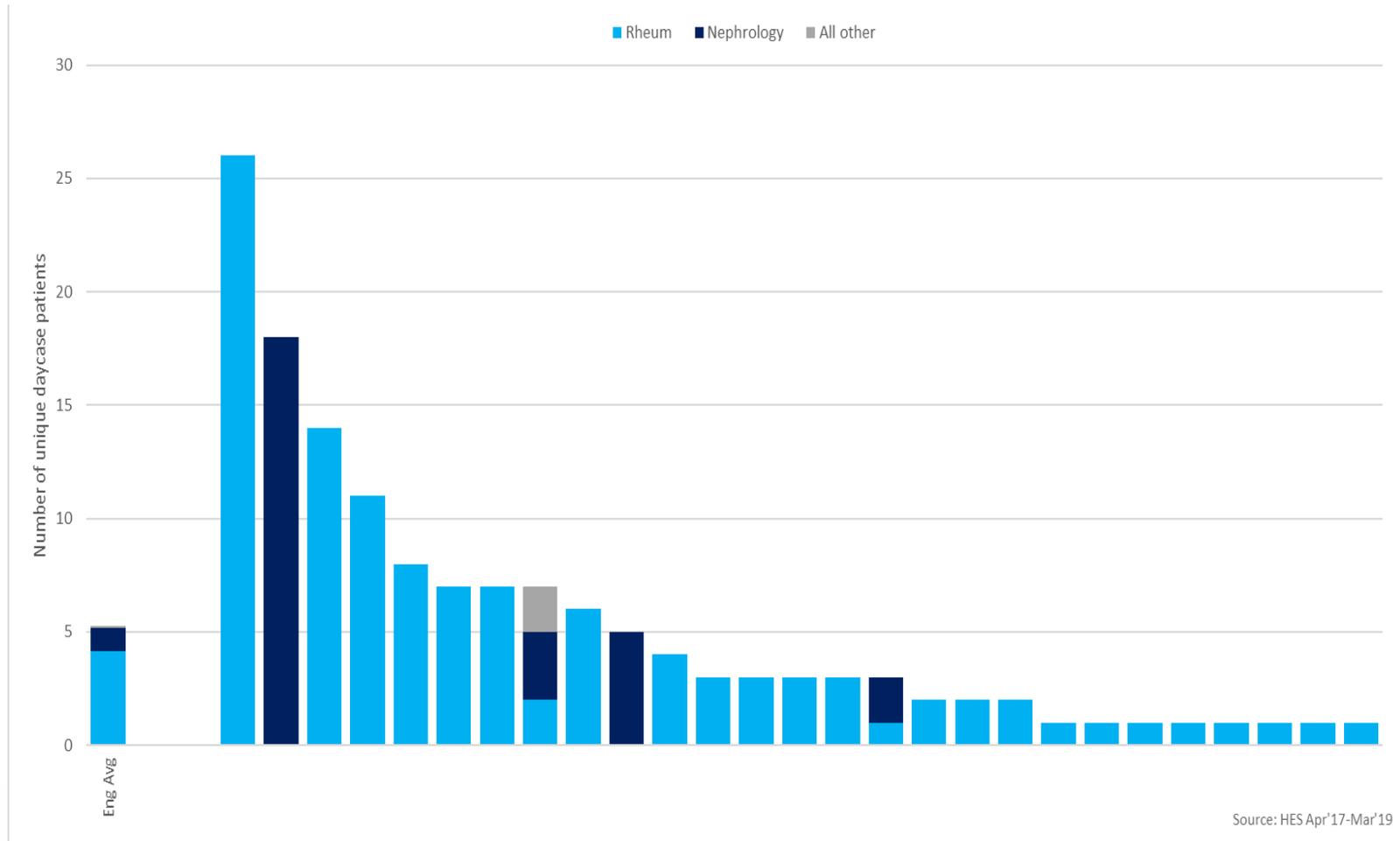


Source: HES Apr'17-Mar'19





# Biologic drugs: one rare autoimmune disease



# The clinical context

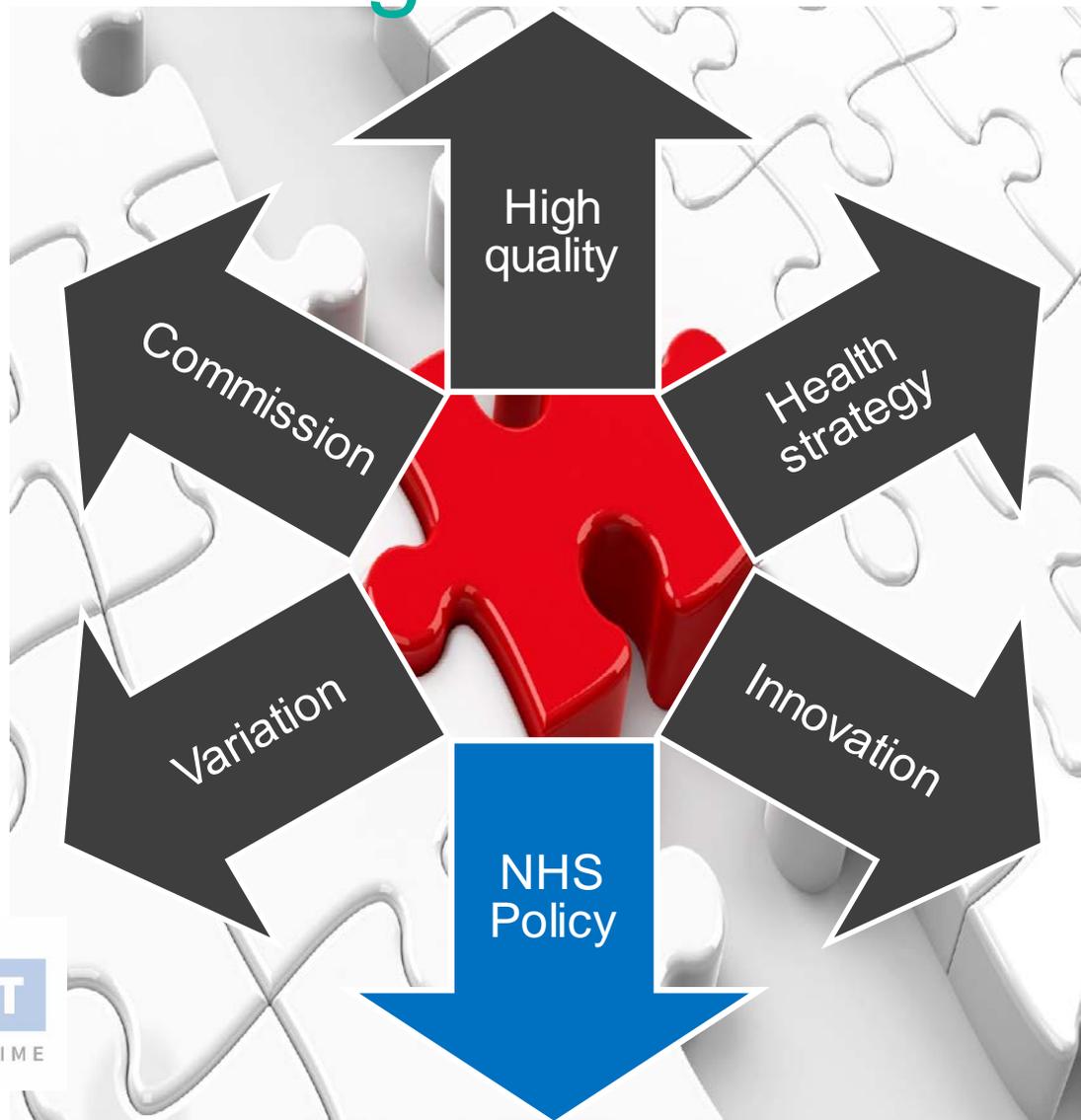


# Rare disease registration into context

**NHS**  
England



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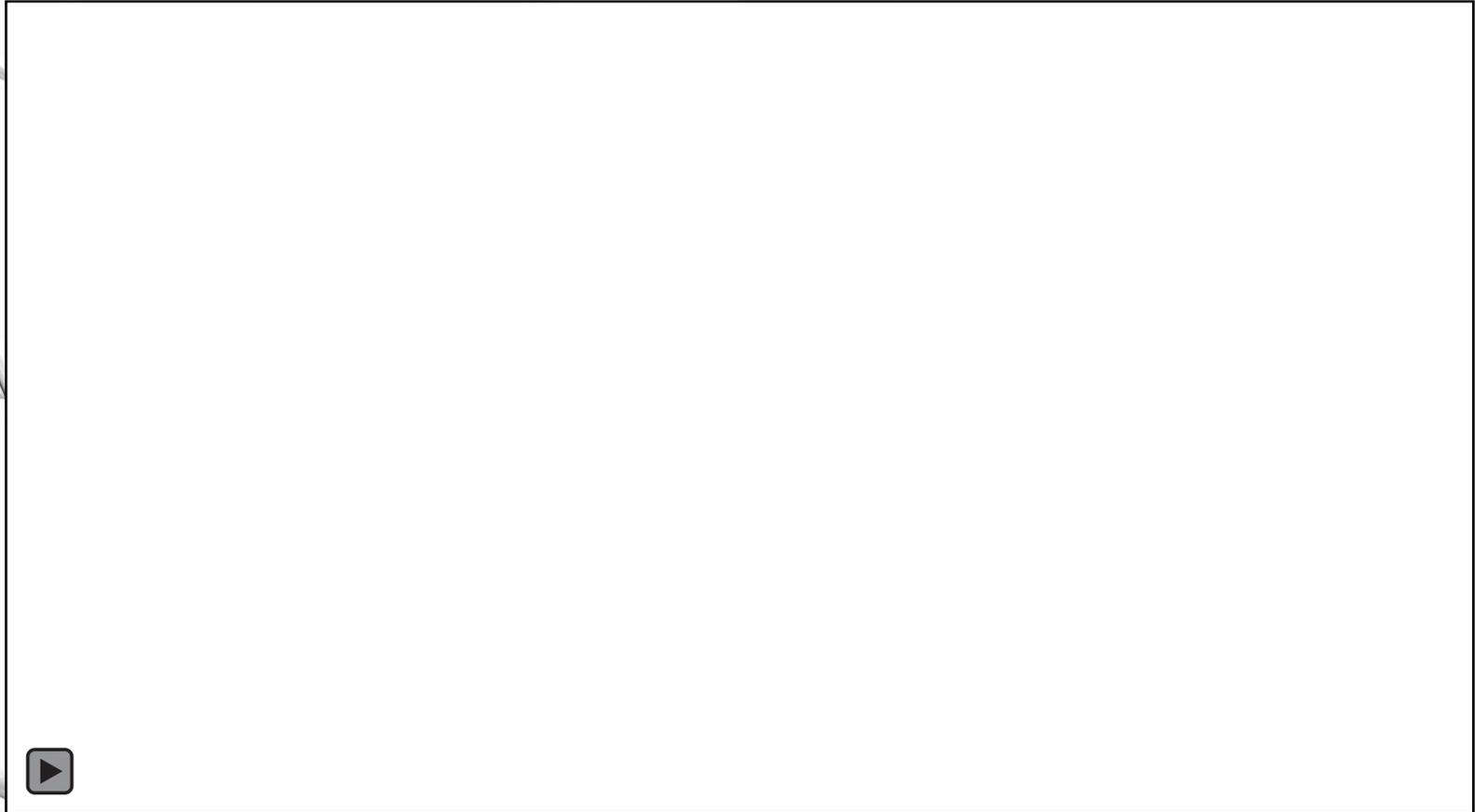
Department  
of Health

The UK Strategy for Rare Diseases



**G I R F T**  
GETTING IT RIGHT FIRST TIME

# The clinical context





University of  
Nottingham

UK | CHINA | MALAYSIA



Public Health  
England

What can be achieved through  
partnership working?  
The Registration of Complex  
Rare Diseases - Exemplars in  
Rheumatology Project  
(RECORDER)

Fiona Pearce, University of Nottingham

NDRS Rare Disease Webinar

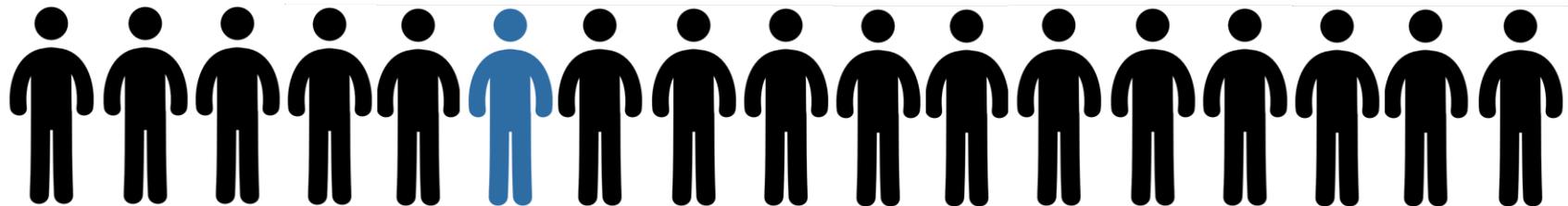
25 November 2020



# Registration of Complex Rare Diseases - Exemplars in Rheumatology

Each rare disease affects fewer than **1 in 2,000 people**

In the UK, **1 in 17 people** will be affected by a rare disease



Health outcomes are poor

Research is difficult



# Registration of Complex Rare

## Diseases - Exemplars in Rheumatology



Public Health  
England



### RECORDER Project Aims



Deliver registration



Enable epidemiology



Discover outcomes



Identify variation



Support innovation



Empower all



# Data



Public Health  
England



Linkage to PHE  
datasets

- ✓ HES
- ✓ Mortality data
- Cancer outcomes
- ✓ Prescribing data
- ✓ COVID-19 results



University of  
Nottingham

UK | CHINA | MALAYSIA



Public Health  
England

# Risk of death during the 2020 UK COVID- 19 epidemic among people with Rare Autoimmune Rheumatic Diseases

<https://www.medrxiv.org/content/10.1101/2020.10.09.20210237v3>

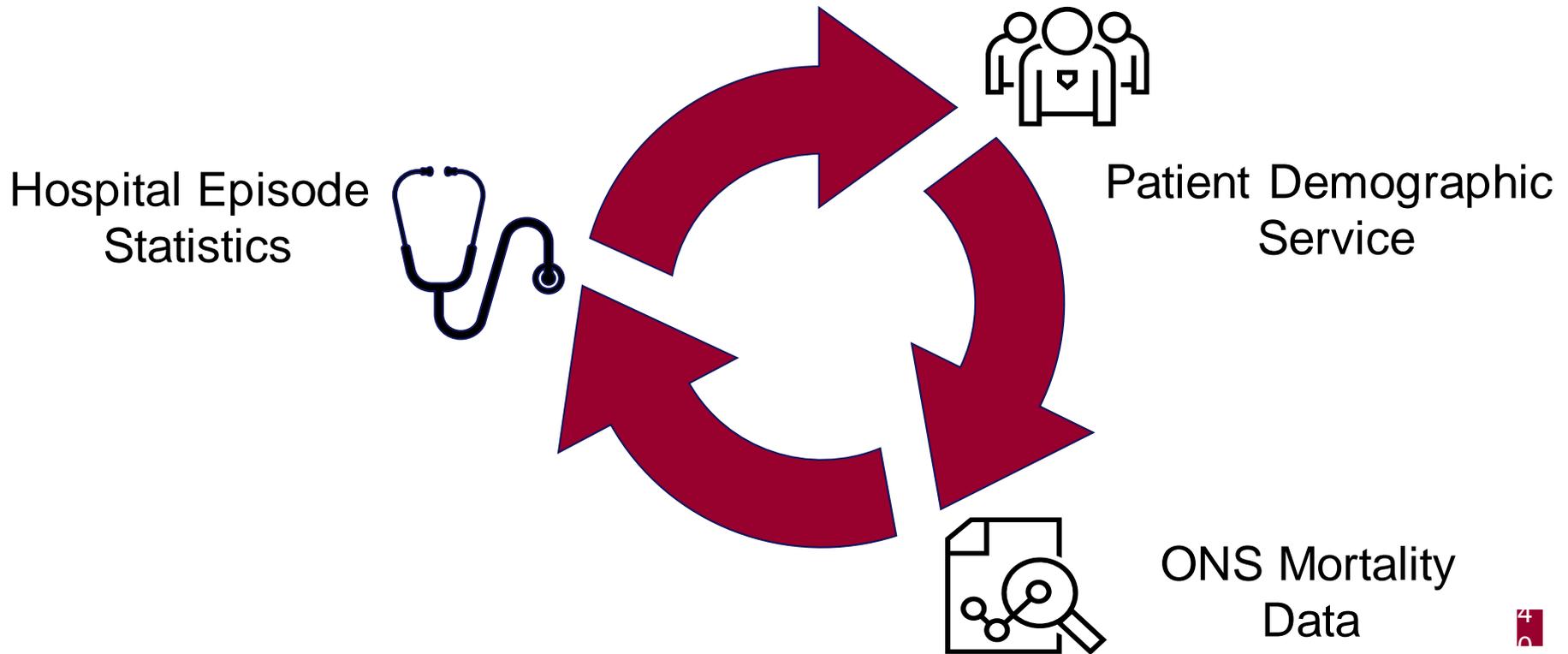




# Data



Public Health  
England





# Risk of death during the 2020 UK COVID-19 epidemic among people with Rare Autoimmune Rheumatic Diseases



Public Health  
England

## Study design

Cohort study

Coded diagnoses for Rare autoimmune rheumatic diseases identified from Hospital Episode Statistics (2003 onwards)

Main outcome measure: age-standardised mortality rates (ASMRs) for all-cause death

ONS published data were used for general population mortality rates



# Validation results



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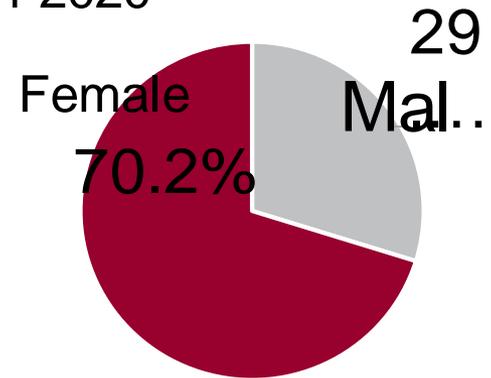
RAIRD	ICD-10 codes	No. of cases validated in notes	No. of confirmed cases	PPV	weighting in our cohort	Contribution to weighted PPV
Giant cell arteritis	M315, M316	65	53	81.5%	0.2206	18.0%
Systemic Lupus Erythematosus	M321, M328, M329	37	31	83.8%	0.2159	18.1%
Juvenile Idiopathic Arthritis	M080, M082, M083, M084, M089	40	40	100.0%	0.1252	12.5%
Arteritis unspecified	I776	38	25	65.8%	0.1205	7.9%
Polymyositis	M332, M608, M609, G724	38	33	86.8%	0.101	8.8%
Scleroderma	M340, M341, M348, M349	38	33	86.8%	0.0627	5.4%
ANCA-Associated Vasculitis	M301, M313, M317	220	189	85.9%	0.0408	3.5%
Glomerular disorder in a systemic connective tissue disorder	N085	36	32	88.9%	0.0281	2.5%
Behcet's disease	M352	36	26	72.2%	0.0283	2.0%
Respiratory disorder in other diffuse connective tissue disorder	J991	38	34	89.5%	0.0167	1.5%
Dermatomyositis	M331, M339	40	38	95.0%	0.0142	1.3%
Polyarteritis Nodosa	M300, M308	32	29	90.6%	0.019	1.7%
Renal tubulo-interstitial disorder in systemic connective tissue disorder	N164	7	7	100.0%	0.0066	0.7%
Takayasu arteritis	M314	63	50	79.4%	0.0046	0.4%
Juvenile Dermatomyositis	M330	15	15	100.0%	0.0028	0.3%
All RAIRDS	All	743	635	85.5% (95% CI 82.7-87.9)	1	84.7%



# Risk of death during the 2020 UK COVID-19 epidemic among people with Rare Autoimmune Rheumatic Diseases

## Findings

- 168,691 people with RAIRD alive on 1st March 2020
- Median age: 61.7 (IQR 41.5-75.4) years



- During March-April 2020:
  - 1,815 (1.1%) died of any cause



# Risk of death during the 2020 UK COVID-19 epidemic among people with Rare Autoimmune Rheumatic Diseases

## Age-standardised mortality rates (ASMR)

Per 100,000 person-years

March & April	RAIRD	General population
2020	<b>3669</b> (3500-3838)	<b>1361</b> (1354-1369)
2015-2019	<b>2554</b>  <b>1.44 times</b> (1.42-1.45)	<b>983</b>  <b>1.38 times</b> (1.37-1.39)



# Risk of death during the 2020 UK COVID-19 epidemic among people with Rare Autoimmune Rheumatic Diseases



## Sex specific mortality rates

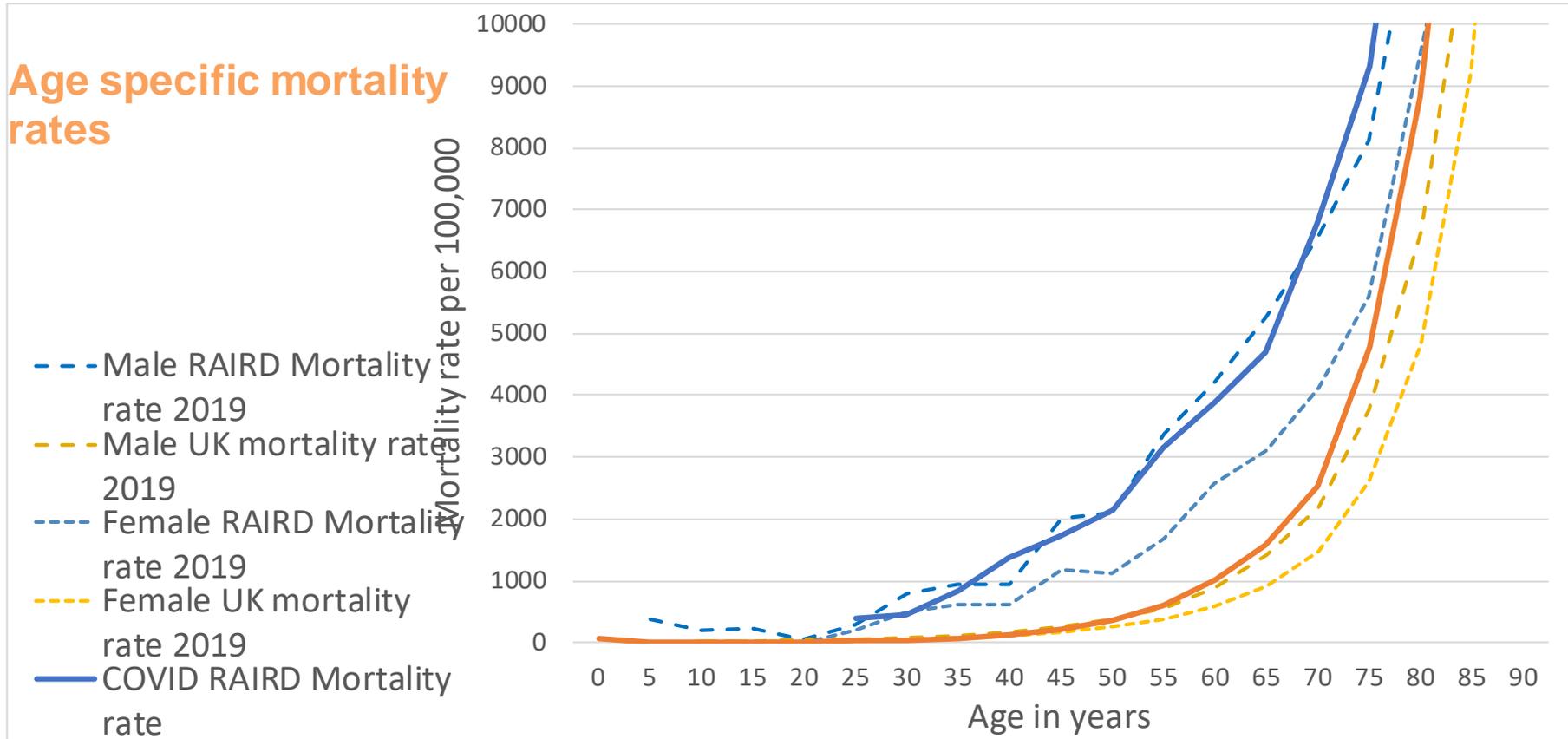
Sex-specific deaths and mortality rates in England during March and April 2015-2020 among people with RAIRD compared to the general population

Sex	Number of deaths	Number of people	RAIRD Age standardised mortality rate	England age-sex standardised mortality rate
<b>Males</b>	675	50,311	<b>4025.4</b> (3721.7-4329.0)	<b>1626.7</b> (1613.8-1639.6)
<b>Females</b>	1140	118,379	<b>4242.1</b> (3995.9-4488.4)	<b>1150.7</b> (1141.5-1159.9)

Applying the European standard population which is not disaggregated by sex, (meaning it assumes equal numbers of males and females, and identical distributions by age for males and for females) means the age-sex standardised mortality rates are higher than the age-standardised mortality rate for this distribution of data.



# Risk of death during the 2020 UK COVID-19 epidemic among people with Rare Autoimmune Rheumatic Diseases





# Take home messages

People with RAIRD had an increased risk of dying during COVID-19 from age 35 years onwards, whereas in the general population it increased from the age of 55 onwards.

Women had a greater increase in their risk of death during COVID-19 compared to men.

The risk of working age people with RAIRD dying during COVID-19 was similar to that of someone 20 years older in the general population.

# Next steps

Why is there increased mortality?

Due to COVID-19 infection?

Hospital  
Episode  
statistics



Prescriptions



Disruption to healthcare services?



Can we identify modifiable factors  
that are protective (e.g. medications)

COVID-19  
test results



ONS causes  
of death





# Registration of Complex Rare

## Diseases - Exemplars in Rheumatology



Public Health  
England



### RECORDER Project Aims



Deliver registration



Enable epidemiology



Discover outcomes



Identify variation



Support innovation



Empower all

# Empower All

PHE

NHS England

NHS  
Improvement

DH rare  
diseases  
team

Patients

Clinicians

Pharma



Public Health  
England

# Acknowledgements

## RECORDER

Dr Peter Lanyon

Dr Megan Rutter

Dr Emily Peach

## Public Health England

- Jeanette Aston
- Mary Bythell
- Sarah Stevens
- PHE Registration Staff

## Other collaborators

- Dr Reem Al-Jayyousi
- Dr Chetan Mukhtyar
- Dr Richard Watts
- Dr Bridget Griffiths
- Dr Mithun Chakravorty
- Dr Cattleya Godsave
- Dr Jen Hannah

SUPPORTED BY

**NIHR**

National Institute  
for Health Research



British Society for  
Rheumatology



VIFOR  
PHARMA

VASCULITIS **UK**



University of  
Nottingham

UK | CHINA | MALAYSIA



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Any questions?

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